

# **Young Carers Awareness Day 2020**

## **Thursday 30<sup>th</sup> January**

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Everyday across the UK thousands of young people help to look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

Young Carers Awareness Day is an annual event, organised and led by Carers Trust, to raise awareness of the challenges faced by young carers and to campaign for greater support for them. Young Carers Awareness Day 2020 will take place on 30<sup>th</sup> January and will focus on educational equality for young carers.

Barnet Young Carers Support Team has developed resources for primary and secondary schools to help identify young carers and provide the recognition and support needed to get the most out of their education. The resource pack will be sent out to all schools in January in time for Young Carers Awareness Day. Resources can also be downloaded at [barnetyoungcarers.org.uk](http://barnetyoungcarers.org.uk)

If you need any further information regarding support for Young Carers in Schools please contact the Young Carers School Liaison Officer via email: [youngcarers@barnetcarers.org](mailto:youngcarers@barnetcarers.org)