

Barnet in Better Health
Joint Health and Wellbeing Strategy 2025 – 2035

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1. Foreword

We are delighted to introduce the Barnet Joint Health and Wellbeing Strategy 2025-2035 - a statutory, partnership document owned by the Barnet Health and Wellbeing Board. It has been produced through wide co-production and consultation, and we'd like to thank all involved for their thoughtful input and discussion during its development.

This strategy guides the work of the Board, specifically where it can add value to the work council, NHS and community partners do together to improve the health and wellbeing of all residents. The Board will track, challenge and support progress on the action plan at our Board meetings, and update as circumstances change.

The emphasis of the Joint Health and Wellbeing Strategy on where the Board can add value means that it does not aim to cover all the work to improve health in any individual organisation or partnership. The Board does not wish to reproduce the extensive work going on

through programmes such as those around on leisure, transport or culture, or through cross thematic strategies, such as Our Plan for Barnet, or the North London Population Health and Integrated Care Strategy. It is envisioned that the Joint Health and Wellbeing Strategy will operate with and alongside these to achieve the aspiration of making Barnet the healthiest London borough.

All members of Health and Wellbeing Board are looking forward to working to achieve the ambitions in this strategy and ensure it will deliver real and measurable improvements to the health and wellbeing of Barnet residents over the coming decade. We want the people of Barnet to be inspired and equipped to take ownership of their health and wellbeing and to enable them to start, grow, live and age well in a community that supports them.

Cllr Alison Moore,

Chair of Barnet Health and Wellbeing Board,

Cabinet Member for Health and Wellbeing, London Borough of Barnet

Dr Nick Dattani,

Vice Chair of Barnet Health and Wellbeing Board,

GP Partner and Clinical Director of Place for Barnet, North Central London Integrated Care Board

2. Barnet in 2025

Barnet is a great place to live, work and study, where the talents and energy of its residents and organisations work together to make the borough the best it can be.

We share a lot of the opportunities and challenges with other London boroughs, as well as nationally and internationally. However, there are some things that make Barnet uniquely Barnet.

We are big.

Around 398,000 residents call Barnet home, with 98,000 people aged under 18 and 75,300 people aged over 65 (14% of the total population). This figure includes over 22,000 over 80s and almost 5,000 over 90s, with the overall number of over 65-year-olds in particular is predicted to increase by 55% by 2041, and the borough continuing to be attractive for families to live in. We are the second biggest London borough by population.

Geography matters too. Barnet covers 86.7km², the largest of the five boroughs that make up North Central London.

We are also growing. Large scale building programmes in Colindale and Brent Cross are rapidly increasing the number of people calling Barnet home. Together with smaller scale developments, these are changing how our neighbourhoods look and feel.

We are vibrant and diverse.

The places that make up Barnet run from neighbourhoods with large green spaces, to more densely populated urban areas in the south of the borough. Having 200 parks and green spaces in the borough provide a real opportunity to support people to live healthy lives.

Our diversity is also our strength. The latest Census in 2021 reported that:

- 36.2% of respondents identified as White British
- Barnet is home to a large Jewish population (14.5% of respondents). 21.7% of people on the national Census who identified as Jewish said they lived in Barnet
- 90 different languages spoken
- A significantly increased Romanian speaking (3.0%) and Persian/Farsi speaking (2.3%) populations over the past decade. This is in addition to significant Gujarati and Polish speaking communities, and concentrations of specific languages in smaller geographies
- 1.3% of over 16s say they have served in the armed forces
- Increasing population identifying as Muslim, and large Christian and Hindu populations.
- 12.8% of Barnet's population (49,679 residents) are disabled under the Equality Act, with day to day activities limited a little (7.1%) or a lot (5.7%).

- 28,808 of residents report that they provide unpaid care to anyone with a long-term physical or mental health conditions or illnesses, or problems related to old age

We are living in uncertain times.

While this strategy has developed, major changes have been announced affecting the running of the National Health Service (NHS) in England. In addition to this, all organisations are facing pressures and uncertainty, whether this be financial, service demands or future policy direction.

These factors are not unique to Barnet but affect what happens locally.

As of May 2025, when this strategy was agreed, we do not know how some of these changes will play out. However, what we do know is that the ambitions and priorities outlined in this document are still important for Health and Wellbeing Board to focus on.

3. The Health Gap in Barnet

What is the Health Gap?

Everyone should have the opportunity and encouragement to live healthy lives, with access to high-quality health services.

However, we know that this experience is not spread equally across our population. These are called health inequalities.

The Kings Fund provides a clear explanation on what this means.

“These differences around health status (how healthy someone may report they are) and/or the factors that influence health can be experienced by people grouped by a range of factors.

These different types of factors include:

- *socio-economic factors, for example, income*
- *geographic, for example their neighbourhood*
- *specific characteristics including those protected in law, such as sex, ethnicity or disability*
- *socially excluded groups, for example, people experiencing homelessness.*

People experience different combinations of these factors, which has implications for the health inequalities that they are likely to experience. This means that people grouped according to one factor, such as disabled people or people from a particular ethnic background, will not be homogenous – there

will be variation in health profiles and risks within any given population group. The way these factors combine and interact with each other also influences the health inequalities people experience. This is often referred to as ‘intersectionality’. For example, women experiencing homelessness have distinct health risks and needs compared to men experiencing homelessness.”

Health Inequalities in Barnet

Overall, 85.9% of Barnet residents reported to be in very good or good health at the last Census. This is an increase of 1.4% from 2011, and the eighth highest percentage of residents in London.

At a borough and sub borough level, we do not have consistent data around all the groups.

What we do know is that:

- Some areas of the borough have higher rates of self-reported bad health. These are mainly the same areas which have neighbourhoods that are in the 20% most deprived nationally.
- On average, people born in wards just 5 miles apart are currently expected to live for different numbers of years. A female, born in Garden Suburb ward is expected to 8.8

years longer than someone born in Burnt Oak ward, with the equivalent gap for males standing at 7.4.¹

- National analysis shows that people with a learning disability continue to have a much shorter life expectancy than the wider general public, with 6 out of 10 dying before age 65, compared to 1 out of 10 for people from the general population²
- Nationally, people from some ethnic minority groups (especially Pakistani and Bangladeshi groups) are more likely than White British people to report having a long-term condition and poor health, with the White Gypsy or Irish Traveller group reporting the poorest health.³

These inequalities can start from when a child is born, so it is important that we work across the life course – from conception to older age – to ensure that opportunities to live better are accessible for all.

We also believe that these health inequalities are not inevitable. By working across different organisations, we can address the wider factors that impact on health and close the health gap.

Reducing health inequalities is a key part of what the Barnet Joint Health and Wellbeing strategy aims to do.

¹ Life Expectancy at Birth, 2016-2020

² Kings College London, LeDeR report into the avoidable deaths of people with Learning Disabilities (2021), [2021 LeDeR report into the avoidable deaths of people with learning disabilities | King's College London](#)

³ Kings Fund, [The Health Of People From Ethnic Minority Groups In England | The King's Fund](#) (2023)

4. What Impacts Health

The world around us shapes our health and wellbeing overall – from decent homes that are warm and safe, to stable jobs, clean air, and neighbourhoods with green space. These are the essential building blocks of health and wellbeing.

It is estimated that:

- access to healthcare services shapes around 15% of the population's health outcomes,
- social and environmental factors (e.g. housing, education, transport, relationships) influences 45% of the outcomes and
- behavioural factors (e.g. diet, smoking and alcohol consumption) contributes 40%.

Therefore, in order to achieve better health, we need to focus on each of these different areas of life, and how they can support people to live better.

We also know that when these factors are unequally distributed across Barnet's population, and result in the health inequalities identified in chapter 3.



Adapted from: The Health Foundation (What Makes Us Healthy?)

5. The Joint Health and Wellbeing Strategy and what it aims to do

Who we are

Barnet Health and Wellbeing Board is a forum of local leaders that provides the strategic leadership and democratic accountability for Barnet's health and care system. It brings together the council, NHS and voluntary and community sector to tackle health inequalities, support the integration of health and care services, and ultimately improve the health of local people.

The Board is responsible for the Barnet Joint Health and Wellbeing Strategy -this document - which is required by law and guides the provision of local healthcare services to meet the specific needs of our population.

The strategy is not about acting on everything at once, but about identifying our key partnership ambitions and selecting a small number of priorities for action.

Why this strategy matters

This strategy aims to do three things:

- 1) Using information such as data, conversations and other information to understand the local population and their health and wellbeing
- 2) Articulate the vision and long term priorities and goals for Barnet residents' health and wellbeing for 2025-2035

- 3) Outline the priorities and short term goals for the Health and Wellbeing Board to focus on driving forward progress
- 4) Define where other strategies and plans are working to support people to be in their best health

How this works alongside other strategies and plans

As explained earlier in the strategy, many factors have an impact on a person's health.

The Strategy and the Board aims not to duplicate existing work led by individual organisations and partnerships, as it would add confusion and extra reporting as to who is responsible for delivery.

Therefore, this version of the Joint Health and Wellbeing Strategy focusses on a smaller set of priorities and goals where there is a local need and local opportunities available for the members of Health and Wellbeing Board can work together to achieve progress.

Barnet Health and Wellbeing Board endorses the wider strategies outlined below, with partner members continuing to be part of the wider work delivering in the areas outlined below and ensuring that it has a positive impact on health.



6. Vision and Guiding Principles for the next 10 years

We want to achieve better health outcomes for all.

We will do this by enabling people to make healthier choices, whether through creating opportunity; empowering individuals and communities; or shaping the places in which they live, work or study.

The work to achieve this vision is guided by a set of five principles which guide the work to achieve the priorities and goals outlined in the strategy. These guiding principles are:

1. **Prioritise Prevention**

There are three main points where prevention works – to stop problems happening in the first place (primary); through early detection of a problem and intervention or treatment (secondary); and minimising the negative consequences of an issue through careful management (tertiary). Stopping problems happening in the first place has the biggest impact, but we will look to ensure that prevention is embedded at every opportunity.

2. **Become a Fairer Barnet**

Improving health for those who experience the worst outcomes (health inequalities)

3. **Deliver in Partnership**

We recognise that every individual and organisation in the borough has a part to play to improve health outcomes. We need to work together to co produce and co deliver the solutions.

4. Underpinned by evidence of what works

This includes both the research of what has an impact, the data which tells us where we are on our journey, and the lived and professional experience of people living and working in the borough.

5. Empowered individuals and communities

Change has a more lasting impact when people are in charge of shaping their own destinies, and we will adopt approaches that use this principle.

7. Long Term Priorities and Short Term Goals

The work of the Health and Wellbeing Board will focus on four priorities for the duration of the strategy.

These are:

- **Start and Grow Well**
- **Live and Age Well**
- **Better Places**
- **Better Health for All**

Underneath each priority, are a set of short term goals which the strategy is aiming to achieve. These will last for around 3-3.5 years, before we review as to whether they need to change.

These priorities and goals were designed following a review of data, review of wider local strategies and tested through engagement with different partners, organisations, residents and service users during Autumn 2024.

We will continue to review the data, information and information raised by service users and residents, and tailor actions as needed.

We will also continue as a partnership and individual partners to endorse and support work on the wider determinants of health not explicitly listed below, as we recognise the wide range of drivers of good health.

8. Start and Grow Well – children have the best start in life

Why?

Barnet is home to around 98,000 children and young people under the age of 18. Each of them deserves the best start of life, and the opportunity to thrive. However, we know that often health inequalities start in the very earliest years of life. This is why our work starts from conception, through the very earliest years to school, and later education or lifelong learning. It also involves working with parents and carers to guide their children's learning and wellbeing.

From our conversations we know that for children with additional health needs, the different services that support their development can increase how they work together, and better use the joint resources more effectively. We also recognise that young people are concerned about their mental health and emotional wellbeing. As a partnership, we need to ensure they have the tools and support to develop and maintain good mental health.

Short Term Goals

- Children and their families have the knowledge, motivation and support to live healthily
- More children reach a good level of development at age 5
- Increased join up of services across health and care for children who need extra support
- Promote good mental and emotional health for all children and young people

What we will do

Goal	How will it be delivered	Lead Partner/Partnership
Children and their families have the knowledge, motivation and support to live healthily	Continue to implement whole setting health promoting approaches to achieve and maintain healthy weight	Barnet Council – Public Health
	Improve take up of childhood vaccinations	Barnet Health Protection Forum

Goal	How will it be delivered	Lead Partner/Partnership
	Maximise use of initiatives and facilities aimed at supporting young people to be physically active. This includes the Fit & Active Barnet (FAB) Strategy, parks and open spaces, and wider in and out of school initiatives, including the Barnet schools sport partnership (BSSP).	Fit & Active Barnet Partnership
	Deliver the Barnet Oral Health Action Plan	Barnet Oral Health Partnership
	As part of the national smokefree generation, work with schools and young people on tobacco and vaping usage	Barnet Council – Public Health with schools and other youth providers
More children reach a good level of development at age 5	Delivery of the Healthy Child Programme (which includes Health Visiting services), as part of the wider under 5 offer for Barnet children and their families	Healthy Child Programme Partnership
	Deliver the Infant Feeding Strategy	Healthy Child Programme Partnership
	Support the evolution of Early Help Hubs for children, young people and families	Barnet Early Help Partnership
Increased join up of services across health and care for children who need extra support	Explore options for a child development centre where children with disabilities and their families can access assessment and a range of services from the same location	Barnet Children and Young People Community Health Services Delivery Group

Goal	How will it be delivered	Lead Partner/Partnership
	Continue to improve access to Occupational, Speech and Language and Physiotherapy	North Central London Directors of Children's Services with North Central London Integrated Care Board
	Transform the Neurodevelopmental Disorder (NDD) pathway for under and over 5 year olds waiting for an Autism or ADHD diagnosis	North Central London Integrated Care Board – Commissioning North London NHS Foundation Trust
Promote good mental and emotional health for all children and young people	Develop our universal approach – the Resilient Schools Programme - in schools to raise awareness of mental health and reduce stigma, alongside wider provision such as Mental Health Support Teams	Resilient Schools Partnership
	Work with partners to improve access to mental health support for all children and young people	North Central London Integrated Care Board – Commissioning North London NHS Foundation Trust
	Continue to update and deliver the Barnet Suicide Prevention Strategy	Barnet Suicide Prevention Partnership
	Enhance core CAMHS capacity to deliver four week wait times	North Central London Integrated Care Board – Commissioning North London NHS Foundation Trust

How we will know we are making a difference

Goal	Measure of Success
Children and their families have the knowledge, motivation and support to live healthily	<ul style="list-style-type: none"> • Reduced number of obese and overweight children at ages 5 and 11 • Improved rates of young people reporting that they have been physically active (Sport England dataset) • Reduced rates of tooth decay in young children, particularly in wards with higher than average rates • Proportion of young people who report that they eat the recommended amount of fruit and vegetables
More children reach a good level of development at age 5	<ul style="list-style-type: none"> • An increased number of children reach a good level of development on the Early Years Foundation Stage Profile at age 5 • That the gap in achievement at age 5 is closed between children in low income households and their peers, and SEND children and their peers • Increase number of children meeting the expected level of development in the Communication and Language; and personal, social and emotional development domains
Increased join up of services across health and care for children who need extra support	<ul style="list-style-type: none"> • Establishment of a physical Child Development Centre, with evidence of increase interagency working and impact • Reduced waiting times/improved outcomes related to therapy services • Reductions in waiting times for Autism and ADHD for: <ul style="list-style-type: none"> ○ Assessment ○ Intervention (if required)
Promote good mental and emotional health for all children	<ul style="list-style-type: none"> • Number of people trained in Youth Mental Health First Aid • Number of educators trained in suicide prevention • Increased number of young people reporting that they have someone to talk to • Reduced wait times for CAMHS

9. Live and Age Well – living healthier for longer

Why?

In Barnet, we want all residents to feel they can play a full part in their communities, to live well and to age well.

For us, living well means that people are encouraged to maintain healthy behaviours throughout their adulthood. We know that tobacco, alcohol and unhealthy food are the leading contributors to ill health, and that there are protective factors such as being physically active. We want to reduce the impact of negative factors on developing long term conditions, and improve protective factors. We want to ensure that residents are armed with accurate information – and support where needed - about how they can improve their own health.

Early detection and treatment of disease is also an important part of preventing the need for further medical treatment and improving overall quality of life. We know that national programmes that do this are not used by all the people able to do so, and want to improve this.

Conversations in the development of this strategy have highlighted how important good mental and emotional health is for all adults.

In 2025, Barnet has a higher rate of over 65 year olds than London as a whole. This is predicted to increase over the lifespan of this strategy, with a growing proportion of over 80 and over 90 year olds. The health and wellbeing needs of this group are incredibly diverse, as well as new opportunities and challenges opening up as people get older. As well ensuring that people are supported to live as independently as possible as they age, we want to make sure that neighbourhoods and places are welcoming to people, particularly those with complex conditions such as dementia.

Short Term Goals

- More people adopt healthier behaviours earlier in life (reduction in smoking, increase in physical activity, reduction in obesity, reduction in alcohol and substance misuse, vaccination)
- There is early detection of disease that enables treatment
- Promote good mental and emotional health for all adults
- Places are welcoming for all older people

How we will deliver these

Goal	How will it be delivered	Lead Partner/Partnership
More people adopt healthier behaviours earlier in life	Improve take up of vaccination programmes aimed at the over 18s	Barnet Health Protection Forum
	Develop the reach of stop smoking support, building on the national Smokefree Generation policy	Barnet Public Health and North Central London Integrated Care Board
	Continue the Combatting Drugs Action Plan (including alcohol misuse), and review delivery and impact as needed	Barnet Combatting Drugs Partnership
	Publicise and develop accessible opportunities to support people to be physically active, including through Fit & Active Barnet	Fit & Active Barnet Partnership
	Deliver peer support programmes, supporting different communities in developing their health literacy	Peer Support Programme Steering Groups
	Develop further the transition planning for children and young people with additional needs and those in the care of Barnet through producing a Preparing for Adulthood Strategy and new Corporate Parenting strategy that is co-produced with young people and has transition planning as a priority	SEND & Alternative Provision Partnership and the Corporate Parenting Officers Group
There is early detection of disease that enables treatment	Deliver the Barnet Cardiovascular Programme alongside the North Central London Heart Health programme of work	Barnet Cardiovascular Prevention Task and Finish Group / North Central London Heart Health Group

Goal	How will it be delivered	Lead Partner/Partnership
	(this covers healthier behaviours, as well as early detection and treatment)	
	Deliver the Barnet Cancer Champions Programme, to support existing North Central London Cancer Alliance projects to improve cancer screening uptake	Barnet Cancer Champions Steering Group
Promote good mental and emotional health for all adults	Creation of a single point of access to Adult Mental Health	North London Mental Health Partnership Trust
	Work towards Community Mental Health services working on an 8am – 8pm basis	North London Mental Health Partnership Trust
	Deliver the refreshed Barnet Suicide Prevention Strategy	Barnet Suicide Prevention Partnership
Places are welcoming for all older people	Take forward the recommendations in the Aging Well Needs Assessment (2024) and Age Friendly Barnet, including access to prevention/promotion services, health protection, health and social care and falls prevention	Barnet Health and Wellbeing Board
	Continue to increase the number of sites that are “Dementia Friendly” as part of the Dementia Action Plan	Barnet Dementia Friendly Steering Group
	Build on current initiatives to prevent falls and frailty to enable people to live more independently	Barnet Borough Partnership

How we will measure impact

Goal	Measure of success
More people adopt healthier behaviours earlier in life	<ul style="list-style-type: none"> • Improved take up of vaccination programmes for adults • Reduce the proportion of the population who are smokers • Reduced alcohol and substance misuse • Increase physical activity levels, particularly for people with disabilities and in areas with lower physical activity levels (Sport England dataset) • Decrease the prevalence of long term conditions, such as diabetes or hypertension
There is early detection of disease that enables treatment	<ul style="list-style-type: none"> • Improved take up of cancer screening programmes, particularly in areas and in groups that have low take up levels
Promote good mental and emotional health for all adults	<ul style="list-style-type: none"> • Improved wait times for mental health treatment • Improved rates of self-reported emotional wellbeing and mental health • Reduced suicide rates in the borough
Places are welcoming for all older people	<ul style="list-style-type: none"> • Achievement of Aging Well Needs Assessment recommendations • Increased number of Dementia Friendly sites

10. Better Places – places and wider society supporting health

Why?

As outlined earlier in the strategy, the environment and society around us are important for our health and wellbeing, and to enable us to make healthy choices. We recognise what people want from a good life and want to support the conditions that enable them to achieve what they want.

We want people to connect with each other and building more active and empowered communities, reducing isolation and loneliness and creating conditions for new relationships and friendships to blossom. We want to provide the foundation for people to a stable level of economic prosperity, through supporting people to move into stable work - where they are able to - and claiming the financial support to which they are entitled.

Everyone should be able to access nutritious food and live in neighbourhoods that support them to make healthy choices. As a partnership, we have local assets, such as libraries, community centres, sports facilities and parks, and a vibrant community and voluntary sector. We have an established programme to build digital inclusion, to ensure that everyone has the ability to connect online as well as in person. This provides a firm foundation on which to build better places.

Short Term Goals

Improve the social and environmental building blocks of health, including:

- Increased **community connectedness**
- People are supported to **maximise their income** and **access “good” work where they can**
- Everyone who lives, works and studies in Barnet to have access to **affordable, healthy food**
- Places are **designed to promote health**, and are resilient for the future

How we will deliver these

Goal	How will it be delivered	Lead Partner/Partnership
Increased community connectedness	Deliver the Volunteering Strategy for Barnet	Barnet Together
	Improve digital inclusion, to ensure that people can access digital based as well as real world communities	Barnet Council – Digital Inclusion Team, with partners
	Improve the number, type and accessibility of health outreach events in community venues, such as libraries, food banks, or community hubs	Health and Wellbeing Board, VCS organisations, NHS organisations and Barnet Borough Partnership
	Audit of current approaches in Barnet to improve community connectedness, and identify how the partnership can further support the effectiveness of these schemes	Barnet Council – Public Health
	As part of Barnet Culture Strategy 2024-2029, build on key strategy priorities such as involvement, interconnection, identity and inspiration to further develop our approach to creative health	Barnet Council – Art and Culture Team
People are supported to maximise their income and access “good” work where they can	Review delivery of work and health programmes, both nationally and locally, to understand how they work together, and their effectiveness	North Central London Integrated Care Board – Work Well Team, with delivery partners
Everyone who lives, works and studies in Barnet to have access to affordable, healthy food	Deliver the Barnet Food Plan, including reviewing the plan in 2027	Barnet Council – Public Health

Goal	How will it be delivered	Lead Partner/Partnership
Places are designed to promote health, and are resilient for the future	Implement Health Impact Assessment approach, to ensure that health impacts are picked up and addressed	Barnet Council – Public Health with Planning and wider departments
	Understand how the borough will need to adapt to offset the effects of climate change on health, and work with partners to implement this	Barnet Council - Public Health with Sustainability Team
	Identify further actions to protect and build the health of people receiving extra care – whether in Care Homes, supported living or receiving care at home	Central London Community Healthcare – Health in Care Homes Team North Central London Integrated Care Board – Primary Care Team
	Deliver the Housing Strategy, and Homelessness and Rough Sleeping Strategy	Barnet Council - Housing

How we will measure impact

Goal	Measure of success
Increased community connectedness	<ul style="list-style-type: none"> • Reduce the percentage of children and young people who feel lonely often or always, particularly in groups who are at risk of social isolation • Reduce Percentage of adults aged over 16 who feel lonely often or always, particularly in groups who are at risk of social isolation • Increase the number and variety of health and wellbeing events in social and community venues • Increase the number of people who access selected Digital Inclusion Programmes

Goal	Measure of success
People are supported to maximise their income and access “good” work where they can	<ul style="list-style-type: none"> • Increase the number of people supported into work via selected health and work programmes • Increase in percentage of people with disabilities, particularly people with learning difficulties and disabilities • Increase usage of Barnet Financial Calculator, which connects people to potentially unclaimed benefits
Everyone who lives, works and studies in Barnet to have access to affordable, healthy food	<ul style="list-style-type: none"> • Increase in the number of food growing spaces • Trusell Trust data on use of food banks in the borough • Pilot an affordable food club model in the borough
Places are designed to promote health, and are resilient for the future	<ul style="list-style-type: none"> • Number of Health Impact Assessments completed • Planning and licensing guidance updated in relation to health issues • Delivery of programme of work around climate resilience in relation to health

11. Better Health for All – ensuring everyone in Barnet is supported to live healthily

Why?

We know – through the data we see, and conversations that we have – that not everyone has an experience of as good health as they could have. It is our role as a partnership to understand why, and how we can improve systems and support to enable people to have opportunity to be in better health.

As a local partnership, we recognise that we need to continue to work together to deliver ambitions. We want to develop how we work together closer to where people live, and in a joined up way. This is described as a “neighbourhood” approach. We also want to make the most of individual partner organisations as “anchor institutions”, and draw on collective resources to create conditions that encourage healthy lifestyles and drive improvements in physical and mental health – both within our workplaces and across the borough.

Short Term Goals

- All people spend more years living in good health, regardless of where they live or who they are
- Provision and services are culturally competent, so every person is understood, heard and seen
- We maximise the opportunities to work together to improve health for all communities

How we will deliver these

Goal	How will it be delivered	Lead Partner/Partnership
All people spend more years living in good health, regardless of where they live or who they are	Updated analysis of health inequalities in Barnet, and share this with partners	Barnet Public Health
	Review the Core 20 +5 groups, in the context of Barnet’s population	Barnet Health and Wellbeing Board / Barnet Borough Partnership

Goal	How will it be delivered	Lead Partner/Partnership
	Review impact of projects funded by the North Central London Inequalities Fund, and identify future opportunities	Barnet Borough Partnership
Provision and services are culturally competent, so every person is understood, heard and seen	Using the Migrant Health Needs Assessment as an example, do further work to understand health issues facing other groups in Barnet, and how these might be addressed	Barnet Council - Public Health
	Deliver the IVAR UK supported Connecting Health Communities Project, focussing on improving disabled people's access to secondary care	Royal Free London NHS Foundation Trust, with North Middlesex NHS Foundation Trust
	Understand lessons learnt from existing peer support and outreach programmes and how these can be applied more widely to other areas of delivery	Barnet Health and Wellbeing Board
	Deliver the Migrant Health programme, as part of the wider Borough of Sanctuary work	Barnet Council – Public Health and Borough of Sanctuary Teams
We maximise the opportunities to work together to improve health for all communities	Develop and deepen the neighbourhood programme	Barnet Borough Partnership
	Review ongoing resident and people with lived experience engagement in reviewing the Joint Health and Wellbeing Strategy	Barnet Health and Wellbeing Board

How we will measure impact

Goal	Measure of success
All people spend more years living in good health, regardless of where they live or who they are	<ul style="list-style-type: none"> • Increase in life expectancy at birth • Increase in healthy life expectancy at birth • Life expectancy – decrease the slope of inequality (relationship between deprivation and life expectancy) • Reduce life and healthy life expectancy gaps between different population groups (for example, people with disabilities)
Provision and services are culturally competent and accessible, so every person is understood, heard and seen	<ul style="list-style-type: none"> • Learning from projects and programmes on what this looks like in practice, and how this can be applied to wider services and provision
We maximise the opportunities to work together to improve health for all communities	<ul style="list-style-type: none"> • Developed and delivered neighbourhood programme • Ongoing engagement plan to support Joint Health and Wellbeing Strategy and Board

12. How we will track progress

We will measure delivery using two methods:

- A detailed action plan. This will be reviewed annually to ensure that the right actions are captured
- A set of impact indicators. Progress will be compared to the figures available at the end of May 2025

Health and Wellbeing Board will review progress against these priorities and goals every six months. Where there are problems, the Board will use its responsibilities to help find a resolution to the issue(s) stopping progress.

The Health and Wellbeing Board will also do detailed “deep dives” to understand particular areas within the Joint Health and Wellbeing Strategy, what is working, and what needs to improve. Actions from the deep dives will feed into the action plan as needed.

Health and Wellbeing Board meetings are open to the public, with information about the decisions made by the Board available online.

For more information, you can look at its website - [Barnet's Health and Wellbeing Board | Barnet Council](#) or email publichealth@barnet.gov.uk

13. Explanation of Terms

Term	Explanation
Health and Wellbeing Board (HWBB)	<p>It acts as a forum for local leaders from the health and care system to work together to improve the health and wellbeing of local people.</p> <p>It is a formal committee which promotes partnership between the NHS, public health and local government.</p> <p>The main duties of the board are to produce for the local population a:</p> <ul style="list-style-type: none"> • Joint Strategic Needs Assessment • Joint Health and Wellbeing Strategy
Health inequalities	<p>Health inequalities are the unfair and avoidable differences in health outcomes between different groups in society. Health equity acknowledges the unfair gap in opportunities and seeks to address it by distributing resources, and/or designing services based on need, so everyone can have the same chance to thrive.</p>
Integrated Care System (ICS)	<p>An Integrated Care System (ICS, or 'system') brings together the commissioners and providers of health and care services across a much larger area than a London borough. The footprint covers multiple local authorities. Integrated Care Systems help the NHS to</p>

Term	Explanation
	<p>work with local authorities and other partners to integrate and organise services that benefit from being planned at scale.</p>