

Child and Family Early Help **Spring Term 06.01.2025 – 04.04.2025**

Referrals for CODA and Time for Me programmes must be submitted by 27 December 2024.



Parenting Programme (4 Weeks)

Dates: 20 January – 10 February 2025

Time: 11.30am – 1.30pm

Venue: Parkfield Children's Centre
NW4 3PS



CODA Women's group

Date: 14 January – 1 April 2025

Time: 11.15am - 1.15pm

Venue: The Hyde Children's Centre
NW9 7EY

Crèche Available

Talking Teens

Date: 4 March – 25 March 2025

Time: tbc

Venue: Barnet and Southgate college
(1st Floor - Early Help Hub) NW9 4BR



Family Links Nurturing Programme

Date: 22 January – 2 April 2025

Time: 9.30am – 11.30am

Venue: Our Lady of Lourdes
N12 0JP

Time For Me (for children 11-13 year old who experienced DV)

Date: 28 January – 4 March 2025

Time: 4.00pm – 5.30pm

Venue: Barnet and Southgate college (1st
Floor - Early Help) NW9 4BR



Strengthening Families, Strengthening Communities Programme

Date: 16 January – 17 April 2025

Time: 9.30am – 12.30pm

Venue: Underhill School and Children's
Centre, EN5 2LZ

FUSE Youth Group (8-16yrs)

Date: Term time only

Time: 4.00pm – 7.00pm

Venue: Parkfield Children Centre
NW4 3PS



Child and Family Early Help

East/Central Locality Hub

Covers the postcodes: N2, parts of N3, parts of N10, N11, N12
parts of N14, EN4 and EN5.

Main Hub office:

Newstead Children's Centre,
1 Fallows Close (off Tarling Road), Finchley, N2 8LG

Telephone: 020 8359 3460

West Locality Hub

Covers the postcodes: HA8, part of NW7, part of NW9

Main Hub office:

Barnet and Southgate College, Colindale, 7 Bristol Avenue
(formerly Lanacre Avenue) London NW9 4BR

Telephone: 020 8359 3510

South Locality Hub

Covers the postcodes: part of NW2, NW3, part of NW4,
part of NW11, part of NW9, part of N3 and part of N2.

Main Hub office:

Parkfield Children's Centre, 44 Park Road, Hendon, NW4 3PS

Telephone: 020 8359 3590



For more information about
Child and Family Early Help:
www.barnet.gov.uk/earlyhelp



Working in Partnership delivering groups and 1-1 support with:

- BROOK** - Supporting young people to be safe and develop healthy relationships.
- Change Grow Live** - Supporting young people and adults with Drug and Alcohol misuse.
- Barnet Integrated Clinical Services** - Supporting young people and their families with mild to moderate Mental Health needs.
- Strengthening Learning Through Horses** - Supporting families and children offering mental health and Education services.
- Home Start** - Supporting families through challenging times.
- Your Family Matters** – offering mediation services to families.
- MENCAP** – Supporting families with children with Special Educational Needs – specialist ASD and ADHS parenting programmes start in January 2025.