

# Child and Family Early Help

Autumn Term 01.09.25 – 23.12.25

5

MONDAY

TUESDAY

**AVA Women's Group (11 sessions)**  
**Date:** 16th September - 2nd December 2025  
**Time:** 11.15 – 1.15pm  
**Venue:** The Hyde Children's centre, NW9 7EY

**Talking Teens (4 sessions)**  
**Date:** 23<sup>rd</sup> September – 21<sup>st</sup> October 25  
**Time:** 10.00 – 12.30pm  
**Venue:** Barnet Southgate College, NW9 4BR

**Triple P Parenting Programme (8 sessions)**  
**Ages: 4 – 9 Years**  
**Date:** 4<sup>th</sup> November – 23<sup>rd</sup> December 25  
**Time:** 10:00 – 12:00pm  
**Venue:** Barnet Southgate College, NW9 4BR

**Girls Group (6 sessions)**  
**Ages: 11 years plus**  
**Date:** 4<sup>th</sup> November – 9<sup>th</sup> December 25  
**Time:** 4.00 – 6.00pm  
**Venue:** Barnet Southgate College, NW9 4BR

WEDNESDAY

**Time for Me (6 sessions)**  
**For children who have experienced domestic abuse (Age to be confirmed)**  
**Date:** 17<sup>th</sup> September – 22<sup>nd</sup> October 25  
**Time:** 4:00pm – 5:30pm  
**Venue:** Newstead Children's Centre

THURSDAY

**FUSE Youth Group (8-16yrs)**  
**Time:** 4:00 – 7:00pm  
**Venue:** Parkfield Children Centre NW4 3PS  
Term Time Only

FRIDAY

# Child and Family Early Help

## East/Central Locality Hub

Covers the postcodes: N2, parts of N3, parts of N10, N11, N12  
parts of N14, EN4 and EN5.

### Main Hub office:

Newstead Children's Centre,  
1 Fallows Close (off Tarling Road), Finchley, N2 8LG

Telephone: 020 8359 3460

## West Locality Hub

Covers the postcodes: HA8, part of NW7, part of NW9

### Main Hub office:

Barnet and Southgate College, Colindale, 7 Bristol Avenue  
(formerly Lanacre Avenue) London NW9 4BR

Telephone: 020 8359 3510

## South Locality Hub

Covers the postcodes: part of NW2, NW3, part of NW4,  
part of NW11, part of NW9, part of N3 and part of N2.

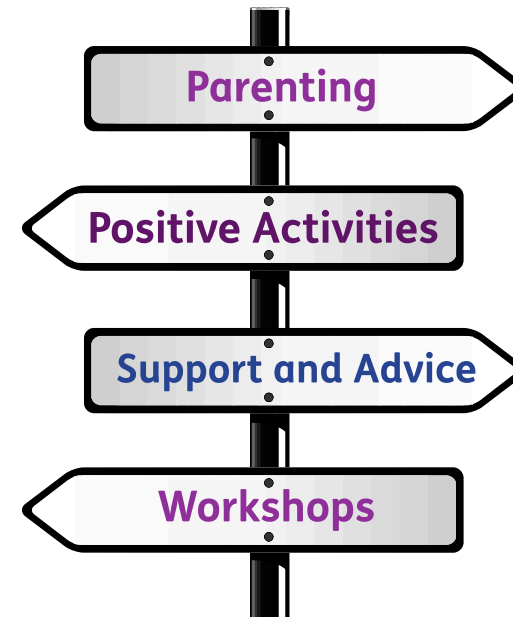
### Main Hub office:

Parkfield Children's Centre, 44 Park Road, Hendon, NW4 3PS

Telephone: 020 8359 3590



For more information about  
Child and Family Early Help:  
[www.barnet.gov.uk/earlyhelp](http://www.barnet.gov.uk/earlyhelp)



Working in Partnership delivering groups and 1-1 support with:  
**BROOK** - Supporting young people to be safe and develop healthy relationships.

**Change Grow Live** - Supporting young people and adults with Drug and Alcohol misuse.

**Barnet Integrated Clinical Services** - Supporting young people and their families with mild to moderate Mental Health needs.

**Strengthening Learning Through Horses** - Supporting families and children offering mental health and Education services

**Home Start** - Supporting families through challenging times.

Your Family Matters – offering mediation services to families

**MENCAP** – Supporting families with children with Special Educational Need

